

Camberton LOG

PUBLISHED IN THE INTEREST OF FORBES AIR NATIONAL GUARD PERSONNEL.



Volume II

September 27, 1976

Issue 9

Unit Blood Drive Underway

) Donating a pint of blood results in free insurance for the Guardsman or woman who gives, MSgt Sylvester Mies pointed out. In kicking off the unit's Blood Drive he added, "This drive will be an excellent opportunity for the unit to make a significant contribution to the community."

Sergeant Mies indicated that Guard personnel, as well as Topeka, will benefit from contributions to the Blood Bank. Guard members, their spouses, children, parents, and parents-in-law will be covered. There will be no limit on the total amount of replacement credits issued to a member. In the case of a single Guard member, Sergeant Mies indicated that their parents, brothers and sisters, and grandparents are covered.

Guard personnel have been signing up to donate this Saturday, October 2nd

UTA should see their First Sergeants," he indicated. "Our goal is to donate 120 pints of blood, which can be done if 20% of our personnel respond," he explained.

The Topeka Blood Bank recommends that contributors eat a light meal prior to donating, avoiding fatty foods. Non-alcoholic and non-dairy beverages are encouraged. Larry Morano of the Blood Bank indicated that it takes 45 minutes to register, have the medical history taken, donate, and be served a soft drink. Those who donate should be in general good health with no history of hepatitis or malaria.

Capt Allen Meadors of the USAF Clinic pointed out that while personnel can return to their jobs after donating, individuals who fly cannot do so for 72 hours after giving blood. This is in compliance with AFM 160-1. Captain Meadors

Chaplain's CORNER

By Chaplain Dwight Brown

This year's USAF Chaplains Theme is "Unless the Lord Builds." It is taken from a passage in the Old Testament in the book of Psalms (127:1) which reads as follows: "Except the Lord builds the house, they labor in vain that build it; except the Lord keep the city, the watchman waketh but in vain."

It seems to me that the point of the Psalmist is quite clear. His specific reference is to the children of Israel in relation to their Temple and to their Holy City Jerusalem. His message is that all of their efforts, whether in the areas of public worship or self protection, are worthless if the Lord is not in them.

This is a tremendous theme and though it is addressed to Israel, it has much to say to us today by way of application. Whether it be our personal lives, our families, our vocations, our guard activity, or whatever, there can be no real or lasting success in any of these areas "Unless the Lord builds." The same could be said of our nation, state or unit for that matter. Ultimately, unless we seek God's will and allow Him to direct our lives in every area, we will labor in vain and all of our efforts will prove to be failures in the final analysis.

In future issues of the Canberra Log, I hope to apply this theme to specific areas of our lives, both individually, and as it relates to our mission together as Air Guardsmen. Don't forget the new Catholic service beginning this drill at 2:00 p.m. in Building 679.

Welfare Council Meets



Captain Reynolds preparing to fire.

Photograph by Sgt Raymond Klein

Reynolds Wins Skeet Shoot

Capt Steven K Reynolds recently won the Kansas State Skeet Shooting Championship in the Military Division. Captain Reynolds had a perfect score of 100 in the 12 Gauge class, that enabled him to top the field of competitors in Class A. The event, which was held on August 28 and 29 at the Capital City Gun Club in Topeka, yielded 55 shooters, 10 of which were military. Captain Reynolds said that most of the military competitors were active duty personnel.

Captain Reynolds who is assigned to Operations, is a B-57 Instructor Pilot, and has been skeet shooting for about six years.

Courses Remain Available

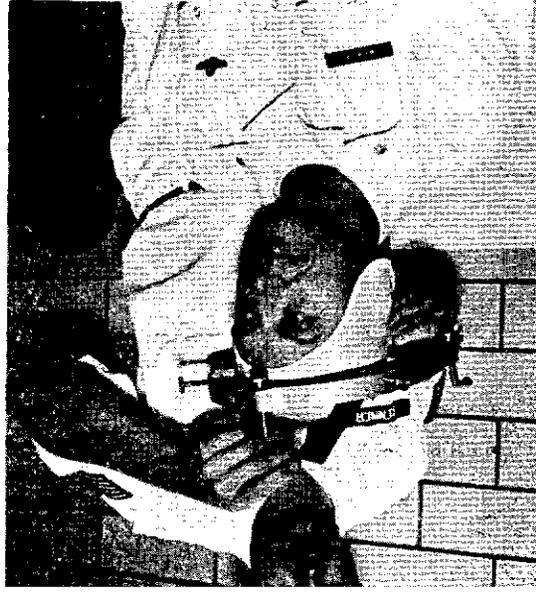
"There are a number of slots still available in the Professional Military Education program in residence next year," SMSgt Thomas Dearing announced. Squadron Officer School has an opening in the Sept 28th '76 class and classes

Custom Fitted Helmets - Latest Fashion for 190th

A process for custom fitting helmets was begun during the September UTA. "This procedure will result in helmets which are more comfortable and provide better protection," Sergeant Bremner said.

The form fitting of helmets is expected to be completed by the end of September, when the materials used in making the helmets must be returned to Wright-Patterson AFB, Ohio.

The process takes eight steps to complete. First, the head of the individual is measured for size, and for the proper mold piece. Next, the individual puts on a rubber helmet, and after that, the form. Then plastic chemicals are mixed and poured into the form. The individual must leave the form on his head for 10 minutes before it can be removed. When the form is taken off, it is cured for 24 hours. The ear lines are cut to conform to the individual's head, soft rubber padding and leather are added. Then the form is installed in the helmet, which requires complete rebuilding.



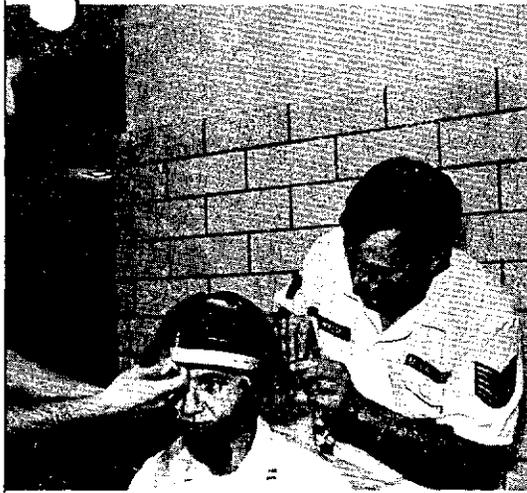
LTC William Mahler is measured for size by TSgt Rodney Bremner. This is the first step of the molding operation.



A rubber cap head of Cap Commander.



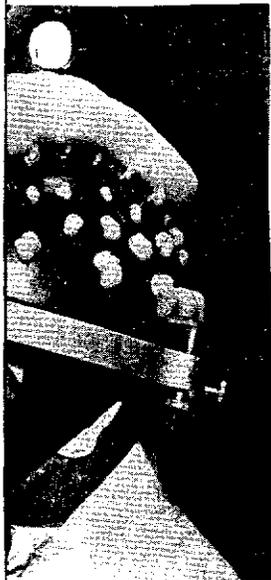
Captain Frazz while the che foam and fill flowing. It to harden for fore removal.



p and seal are put on the
t. Richard Frazier, Clinic
The metal form is then
the ring.



Liquid chemicals are mixed and poured
into Captain Frazier's form by Sergeant
Brenner and Capt. Arthur Monroe.



er sits patiently
micals begin to
the form to over



After the form is removed TSgt Rodney
Brenner trims off excess foam and re-
moves the finished foam liner from the
form.



Brothers can be influential! In this case it resulted in a recruit for the Unit. Capt George Watson, an Electric Warfare Officer, swears in his brother Jeffrey, who will be assigned as a pilot trainee to the 117th DSES. Jeff is a student at Oral Roberts University in Tulsa, Oklahoma.

Photograph by Sgt Raymond Klein

Earning Statement to be Used

at Exchange

Capt Dale McCall pointed out that the Earnings Statement Air Reserve Forces (AF Form 1965) enclosed with monthly Guard drill checks will be used to identify exchange privileges. Captain McCall indicated that each member must fill in the number of days of privileges entitled to, in the name and address section. (One day of exchange privileges is authorized for 8 hours of inactive duty training). Guard personnel must show their identification Card and Earning Statement when using the Exchange." New members coming into the 190th Defense Systems Evaluation Group will receive instructions from their First Sergeant. Capt-tain McCall requested that any exchange problems be reported to the member's First Sergeant.

Sam T Piston (STP) to those in the trade) is an auto mechanic who received his training at Shade Tree U where he majored in grand larceny and bunko. Sam sells rebuilt automobile engines from a tiny garage behind his house. He sells them at reasonable prices and, of course, they are fully guaranteed with a handshake.

It Ernie C Muddlap, newest member of the 117th DSES and affectionately known as "old ECM" to the boys in the docks, recently purchased an engine from Sam. It seems the Lieutenant's car was NORIS and the dealer downtown "wanted an arm and a leg" to rebuild Ernie's old engine.

It was last UTA when ECM came in to the legal office all red faced and complained about being ripped off. He said the engine used oil by the gallon, and that when he had confronted Sam Piston with the problem, Sam had said "it takes time" to break in them rings." So Muddlap drove for a while longer and now the rings are really broken along with burnt valves, bent push rods and blown rods and mains. The usually unflappable Lieutenant just can't understand how such a nice guy like Sam T Piston could have taken out bankruptcy already.

This is another sad tune which is sung about as often as the National Anthem. Although the names have been changed to protect the not-so-innocent, most of that previously narrated is true. The real Sam T Piston was apprehended and convicted of a felony in Shawnee County. It appears he bought worn out junk yard engines, and after a little appropriate cleaning and painting sold them as rebuilt to those who believe engines run on a can of enamel paint.

Promotion Requirements Equipment Survey Scheduled Announced

MSgt Richard Schroeder, NCOIC, Quality Control, announced that a new ANG promotion regulation (ANGR 39-29) has been received. He pointed out that this regulation requires the mandatory completion of the USAF Senior Noncommissioned Officers Academy prior to promotion to SMSgt or CMSgt. He indicated that this requirement can be met by completing the 2 Volume ECI Course 8.

"Attendance of the Senior NCO Academy in residence will also meet this requirement," he added. "Attendance in residence is encouraged, but is presently limited to E-8's and E-9's," he explained.

Sergeant Schroeder indicated that the same regulation also establishes new requirements for appointment to Noncommissioned Officer (NCO) status. He said, "Prior to assuming NCO status, either the resident ANG Leadership School - Phase I or the one volume ECI Course 10 must be completed." Airmen who have not completed this requirement should contact their supervisors for immediate enrollment.

Log Deadline Set

If you have any information you would like included in the November issue of the Canberra Log, please have it into the Information Office no later than October 29.

DON'T FORGET
TO TAKE YOUR
PLACE IN LINE



An equipment utilization survey of the 190th DSEG will be conducted by the Air Defense Command (ADC) Command Equipment Management Team (CEMT), Major Batchelor announced. This will be undertaken between October 18th and 22nd.

Major Batchelor said the purpose of the survey will be to analyze equipment utilization within ADC units, validate authorizations, and review equipment management operating procedures.

All primary and/or alternate equipment account custodians must be readily available to the CEMT throughout the survey and should be qualified to concur/nonconcur with team actions affecting their accounts. The responsibilities, of custodians in the areas of supply discipline and property responsibility, should be thoroughly reviewed.

If further assistance is required, Maj Batchelor indicated that the 190th Supply Squadron, ext 4344, should be contacted.

Continued from pg. 6 "Bargain Hunting"

The point is that merchants are required by law to guarantee their merchandise. Private individuals do not. The established merchant most likely has the capital, the expertise and the reputation to stand behind his work. Bargain hunting has its limitations and like the commercial says, "You can pay me now, or you can pay me later."

Social Actions Relocates

Social Actions has recently moved to Building 679 (Mole Hole), and can be found in room 115. Their phone number is 4303.

Alcohol and Drug Abuse classes will now be held in room 146, with Human Relations classes meeting in the old Mole Hole dining hall. Phase I of the program is nearing completion, and Phase II will be starting shortly thereafter.

Class times will continue to be the same at the new locations.

Nominations for Award Near

Sections should begin to formulate their selection for each squadron's outstanding airman. If the section does not have a candidate, it should be prepared to document the lack of talent in the section. Consideration should be based on the "entire" individual as stated in ANGR 900-2.

190TH DSEG
FORBES ANGB, KS
66620
Official Business

Reporters Chosen for News Beat

To assist the Information Office in collecting material for the Canberra Log, individuals have been assigned additional duties as Squadron Reporters, Lt Gretchen Meadors announced.

"These men and women will be valuable in keeping us informed on training and projects," she pointed out. "The Information Office also wants human interest material on Guardsmen and women for publication in the Log and in their hometown newspapers," she added.

For easy reference, names of the Squadron Reporters will appear monthly as part of the Log masthead. The individuals are: MSgt Albert Zenger, Consolidated Aircraft Maintenance (CAM); MSgt Julian Deese, Communications; TSgt William Lincoln, Combat Support; Major Gary Albright, Base Operations; TSgt James McGlown, Civil Engineers; Capt Walter Grant, Supply; and A1C Deborah Simon, USAF Clinic.

POSTAGE AND FEES PAID
DEPARTMENT OF THE AIR FORCE
DOD-318



Canberra
PUBLISHED IN THE INTEREST OF TROOPS AND NATIONAL GUARD PERSONNEL
Log 

is an official Class 1 newspaper published monthly for the personnel of Kansas ANG at Forbes Field. Opinions