

THE

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COYOTE LOG



The importance of purpose

By Lt. Col. James Wehrli

Commander, 190th Comptroller Flight



There has been a great deal of philosophical, scientific and theological speculation over time regarding the purpose of life. These ideals encompass the importance of well-being, social ties and happiness, values and ethics, existence of one or multiple gods and so on. But I believe the purpose of life is best summed up by Ralph Waldo Emerson in his statement “The purpose of life is not to be happy. It is to be useful, to be honorable, to be compassionate, to have it make some difference that you have lived and lived well.” His statement doesn’t focus only on purpose but rather on how to make something purposeful.

This concept is especially important when being a commander and leader. A leader should add something to the organization and is authentic in behavior and contribution. A leader is useful, honorable and compassionate to the people they serve, the mission they support and the country they defend... Without good leaders, an organization lacks direction or purpose.

Now this is where I get technical and maybe a little boring but stay with me. The U.S. Constitution gives Congress the authority to raise revenue, borrow funds and appropriate the proceeds for federal agencies (U.S. Constitution, Article I, §§ 8 and 9).

In implementing these constitutional powers, Congress limits the obligation and expenditure of public funds by the executive branch, our Commander in Chief. Congress regulates virtually all executive branch programs and activities through the appropriations process. An appropriation is a statutory authori-

zation to spend money and make payments out of the U.S. treasury for a SPECIFIC PURPOSE.

Congress has enacted fiscal controls, which, if violated, subject the offender to serious adverse personnel actions and criminal penalties (these have happened in the Air National Guard – no joke). These restraints are embodied in regulation. The governing force in these regulations is the philosophy of fiscal law which states “The established rule is that the expenditure of public funds is proper only when authorized by Congress, not that public funds may be expended unless prohibited by Congress.” *United States v. MacCollom*, 426 U.S. 317 (1976). There are three major fiscal limitations – purpose, time and amount. An agency may obligate and expend appropriations only for a proper purpose except as otherwise provided by law, within the time limits applicable to the appropriation and within the amounts appropriated by Congress.



What you do every time you drive through the main gate must have an identifiable purpose, making it necessary to expend federal dollars to call you to duty. Without an identifiable purpose, we run the risk of answering the question ‘why?’ Purpose violations make up over 80% of all fiscal law violations in the Department of Defense. This makes it crucial for EVERYONE to understand the importance of purpose when it comes to government resources.

Imagine playing basketball without a goal or hoop. It seems pointless. Actually, it seems absolutely ludicrous and why? Without a hoop, there is no purpose to the game of basketball. From the meaning of life to the game of basketball and everywhere in between, purpose is a concept of importance.

Think before you act and if, in the

end we all live by the following quote, we should pass the test when it comes to fiscal law: “You were put on this earth to achieve your greatest self, to live out your purpose, and to do it courageously.” — Steve Maraboli, *Life, the Truth, and Being Free*

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Staff Sgt. Justin Kruger, Senior Airman Joshua Hahn and Tech. Sgt. Matthew Leonard flip a giant tire while competing in last month's Warrior Dash.
(photo by Tech. Sgt. Mandy Johnson)

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OPSEC refresher basics

By Master Sgt. Nathan Neidhardt
190th Wing Plans

With the Nuclear Operation Readiness Inspection (NORI) swiftly approaching, the 190th Air Refueling Wing (ARW) should take a moment and think about operations security (OPSEC). OPSEC is a wing program and a major concern for the 190th as a whole. OPSEC includes everything from how Security Forces conduct perimeter searches to how Services prepare the meals we eat. OPSEC is each and every Airman's (E1-O10) responsibility to ensure mission success. The 190th must remain in a constant information protection mindset on and off duty.

So who are our adversaries who would damage or disrupt our mission? These individuals are normally thought of as enemy spies, terrorists and other criminal types. It is also important to note that they can also be our friends and neighbors as well. One of the most severe threats on the emerging threat horizon is the insider.

This is an individual who you know, trust and work with every day who also has access to critical information and resources.

All of these adversaries have one thing in common: they want access to our critical information. Protecting critical and sensitive information is essential to protecting the success of the 190th ARW and its missions and also protecting the lives of its

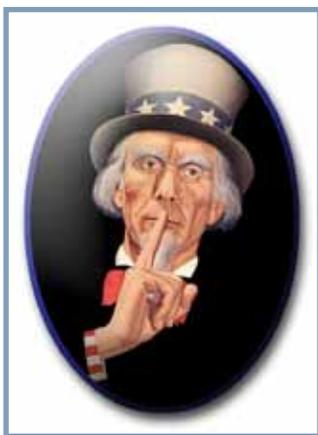
service members, contractors, and family members. The 190th has established Critical Information Lists (CIL) to provide our Airmen a list of information we must protect to ensure our success.

So what is critical information? Critical information is our mission capabilities and limitations, specific operation plans (who, what, when, where, how), schedules and travel itineraries, personal identifiable information (PII), and the way we provide security as a wing. The 190th has four main operations: 8010, mobilization exercise, deployment and every day operations. The CIL can be found on the portal under Wing

tab then OPSEC.

Our adversaries collect critical information through our negligence. We basically hand them information on a silver platter by having conversations in public areas (Subway, barber shops), using personal cell phones to conduct official business, web pages, personal email and social networking (Facebook, Twitter, Instagram).

In the last couple months we had several individuals put items on Facebook that would give the adversary specific information about our current mission. Prior to the April NORE, a local barber was informed the 190th was participating in a nuclear exercise. Specific details including dates, relative time and the number of aircraft active in the exercise were openly discussed.



Tech. Sgt. Emily Alley
190th Public Affairs

The 190th ARW Chaplain's office and Airman and Family Readiness Program Manager are teaming up again this year to plan two conferences designed to improve relationships among unit members and their families.

Both conferences plan to teach methods of conflict resolution, as well as long-term life planning strategies; however, each has a specific target audience. One will be intended for married unit members and

their partners, while the other is intended for unmarried members.

The events, known as the Strong Bonds conference, draws on interactive learning strategies, such as stream-of-consciousness writing, drawing, puzzles and skits. This is the second year for the singles event and the third year for the married event. The singles event will be 18 - 20 July and the couples event will be 8-10 August.

The real work, according to chaplains' assistant Tech. Sgt. Celestina Johnson, who plans the events, will begin once the confer-

The adversary can easily be the person sitting next to you in a restaurant who is also intercepting your conversation about our mission.

Social engineering, elicitation and espionage are other tools they use to gather critical information. Another strategy is gaining intel on small pieces of information from several different sources with the intention to "piece" the puzzle together to get the big picture. It is important that you stay vigilant at all times.

How do we counter the adversary? Use countermeasures when dealing with OPSEC. Protect communications, establish web page policies, be alert, be suspicious and be aware of your surroundings. Most importantly, use common sense. Consider the threat when you are using the phone, answering questions from a stranger, discussing work outside the office and engaging on social networking sites.

Lastly, as a guard family we are always policing each other for safety issues, ensuring that no one gets hurt by losing situational awareness when working around aircraft, weapons or even cooking meals.

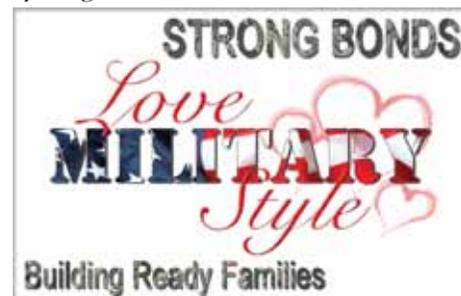
OPSEC should be treated in the same manner to ensure fellow Coyotes are not posting information on social networking sites, sending critical emails to civilian accounts or discussing sensitive information over the phone. Making sure we get "Gas On Time On Target" is everyone's job in the 190th ARW.

Bottom line is "Be vigilant and live aware!"

Strong Bonds offered again in 2014

ence is over and participants then incorporate what they've learned into their lives.

Contact the Chaplain's Office or Family Programs for more information.



Warrior dash

By **Tech. Sgt. Emily Alley**

190th Public Affairs

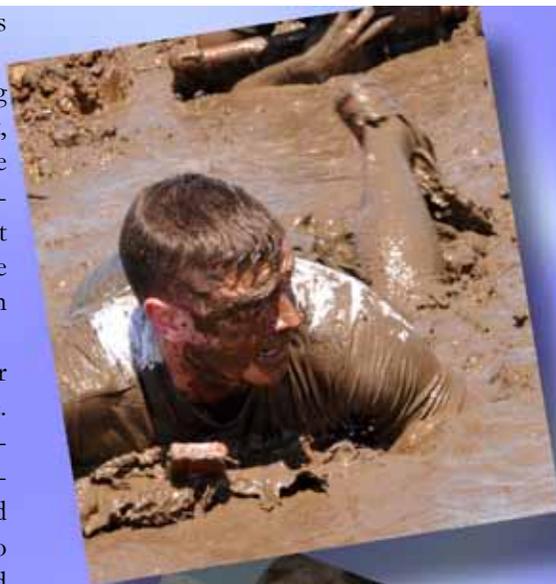
Competition was dirty during this year's Warrior Dash.

Competitors from around the wing began the race by diving into a mud pit, but they ended by crossing a finish line to cheers and high-fives from the other teams. The obstacles got messy, but most participants seemed to enjoy the opportunity to spend time outdoors in the warm spring weather.

After the mud pit, teams of four worked together to climb over a hay bale. Other obstacles included a low crawl under netting, flipping tractor tires and carrying sandbags. The course concluded with a three-fourths mile race back to the end of the flight line. Each team had to finish the course as a complete group with no one left behind. The rules were written by the First Sergeants Council, who planned the event.

"We've got good comments," said Master Sgt. Kevin Wagner, headquarters first sergeant. "I think we're improving every year."

This year's winner was the Weather Flight, who finished in just over 13 minutes.



Photos by Tech. Sgt. Mandy Johnsonm

190th Family Day 2014



SGLI premium adjustment July 1

By Air Force News Service

The Servicemembers' Group Life Insurance program will adjust its monthly premium rate from 6.5 cents per \$1,000 back to the 2006 rate of seven cents per \$1,000 of insurance, a modest increase to ensure the SGLI program remains in a strong financial position.

The Department of Veterans Affairs continues to place the interests of service members first and foremost by keeping SGLI premiums as low as possible while also maintaining the necessary reserve levels to ensure funds are available to pay claims to service members' beneficiaries. Since the start of the SGLI Program in 1965, monthly premiums have decreased from 20

cents per \$1,000 to the current 6.5 cents per \$1,000. There have been periodic increases and decreases, but over the past 30 years, premiums have fluctuated only 2.5 cents per \$1,000 of insurance.

In order for the program to remain in good financial condition, it is now necessary to increase the premium rate. Since 2008, as a result of the half-cent reduction and decreases in interest rates, reserve funds have decreased. Insurance companies hold reserve funds to ensure they can pay future claims. It is common practice in the group insurance industry to adjust premium rates as reserve funds increase and decrease. VA also uses actuaries, individuals who deal with financial impact of risk, to conduct

program experience studies when evaluating and adjusting reserve assumptions; and each year, an independent auditor verifies the accuracy of their reserve calculations.

For a service member with the maximum \$400,000 of life insurance, this change will mean an increase of two dollars per month.

The new premium rate will take effect July 1, 2014. Individual ready reserve members who are drilling for points toward retirement or who do not receive pay for other reasons will be billed by their branch of service for the higher premium beginning July 2014. For information on the new rates, visit <http://benefits.va.gov/insurance/sgli.asp>.

5 things you need to know from Safety Day

1. Awareness Prevents Mishaps



2. Personal Responsibility

Now I am ready to grill!



3. Safety On and Off Duty



4. Zero Preventables

I do not need the RULES!



5. A Balanced Life (Help is Out There)



Portrait of an Airman

Senior Airman Colten Porter

Organization: 190th Medical Group

Job Title: Medical Technician

Main Responsibilities: Ensuring the medical needs of the 190th are met and educating patients on their physical exams.

Civilian Career: Temporary Technician at Expeditionary Medical Support (EMEDS).

Education: Working toward a Bachelor of Science, (BSN) Nursing.

Military Experience: Nearly three years with the 190th ARW.

Achievements: Completing Medic School and the clinical experience I obtained.

Goals and Ambitions: Obtaining my BSN and moving on to Nurse Practitioner. Becoming a non-commissioned officer and eventually commissioning to officer.

Hobbies and Activities: Hunting with my dog, fishing and working on my classic car.

Most Memorable 190th Moment: Guam deployment and this year's Coyote Mudder. Both were a great experience and an opportunity to meet people in the unit.



Coyote Heritage

By William Gilliland

190th Historian

It is hard to pick out, but there are seven 190th Air Refueling Group tankers shown in this 1991 photo in Jeddah, Saudi Arabia during the Gulf War. It appears that at least three, and maybe four, are equipped with drogues, used to refuel Navy and some foreign military aircraft.

The 190th was the first guard unit to respond to the Air Force's call for refueling assets to be deployed. Partly because of this, the 190th's role in the campaign against Saddam Hussein became one of the defining moments of the unit's history as it took a huge effort to achieve this accomplishment.

Over the next twenty five years, as veterans of the units retired, this would be the most remembered and talked about time of all.



Please record your story and send it to the historian's office at: 190th Historian, 5920 SE Coyote Dr., Topeka, KS 66619-5370.



Make every dollar count

By Deborah Lee James

Secretary of the Air Force

Last year, in response to budget sequestration, we launched the Every Dollar Counts campaign. Since that launch, your innovative ideas and money-saving efficiency changes saved our Air Force hundreds of millions of dollars during these challenging fiscal times.

From public-private partnerships at base level, to centralized engine repair Air Force wide, your ideas are saving precious resources all across the enterprise. To each Airman who took the time to send in an idea, influence change or create a new efficiency in your shop: thank you -- job well done! But we can't stop now...we must do more.

Now is the time to leverage the success of last year's campaign and continue to cultivate a culture of innovation, efficiency, and savings. This letter is our call to action to Make Every Dollar Count.

Our goal is to take as many of our efficiencies and savings initiatives as possible and multiply them across the entire spectrum of operations. From large scale initiatives, such as implementing cutting-edge energy practices or acquisition process improvements, to base-level actions, such as video conferencing and contract review, everything counts.

Our current initiatives are just the beginning. We challenge each of you to develop initiatives in your own areas of expertise. If there was ever a time for out-of-the-box ideas, it's now. Each of us must be "all in, all the time" to make this work. There are two programs available to submit your great ideas to increase cost savings across our Air Force. You may submit ideas online to our Airmen Powered by Innovation website at <https://ipds.afpc.randolph.af.mil>

and <https://ipds.afpc.randolph.af.mil/> or by contacting your local Air Force Smart Operations for the Twenty-first Century Office. All ideas will be actively processed by the



Office of the Under Secretary of the Air Force for Business Transformation.

As you know, there are consequences of this fiscal climate we cannot change, but we must

do our very best to improve the things we can and ensure we are good stewards of every taxpayer dollar. Let's all take ownership -- each active duty, Reserve, Guard and civilian Airman -- to improve what we can control and to Make Every Dollar Count.

"Make Every Dollar Count: All In, All The Time."

Poker, anyone?

Tech. Sgt. Jake Meyer

190th Public Affairs

In an effort to help boost unit moral, camaraderie, physical readiness and motivation, the 190th Communications Flight has taken up a little gambling. No, they are not risking their paychecks; they are putting up exercise as the prize.

"It's a simple game. You draw five cards and the highest number wins. The winner gets to replace all his cards with somebody to make his hand the lowest," explained Maj. Chris Hill, the squadron's commander. "After everybody has a completed hand, each participant will do the exact number of sit-ups or pushups as their poker hand. It has brought the Communications Flight closer as a unit."

The PT Poker



Challenge started as a way to help Airmen adapt to the new PT standards; instead it has helped the unit grow into a stronger, unified flight, he said. Communications is always welcoming challengers for PT Poker. Stop by at 10 a.m. or 2 p.m. any day.

New council to tear down walls

By Capt. Casey Montgomery
190th Budget Officer

Our 40th President, Ronald Reagan, in his farewell address in 1989 stated that "... We've got to do a better job of getting across that America is freedom - freedom of speech, freedom of religion, freedom of enterprise - and freedom is special and rare. It's fragile; it needs protection."

As members of the 190th Air Refueling Wing, we all have a few things in common, we signed up to defend our country, to protect that freedom that is even more special and rare today than it was in 1989 and we do this as Coyotes. Although, while we have a commonality in service to our state and country, we could improve camaraderie across the base.

Do not get me wrong, the 190th Air Refueling Wing rightfully prides itself on being a family, one that comes together and gets the job done and gets it done well. But at times we can still be as distant cousins. I have on many occasions driven from the main gate to hangar 662 parking lot, met more than ten cars on the way and not one of those cars returned my wave.

Although this is my personal experience, camaraderie and morale are proven areas of opportunity, according to our most recent wing climate assessment. I'm concerned that we have 'walls' up on our base that need to come down. (This brings to mind another famous President Reagan quote, "Mr. Gorbachev, open this gate! Mr. Gorbachev, tear down this wall!"). 190th members, let's tear down these walls!

As President of the newly chartered 190th Air Refueling Wing Company Grade Officer Council (CGOC), I plan to work with junior officers across base on breaking down these walls.

The mission of the CGOC is to be a dedicated alliance of junior officers committed to the professional development of these officers through leadership, mentorship, networking, volunteerism and camaraderie by being actively involved with the 190 ARW and our communities.

Our initial goals beyond professional development are to introduce the CGOC, be involved on base, work with established councils on any potential issues or concerns around

base, and organize events to bring together flights and squadrons. We have several great ideas kicking around to get started but we want your help in ensuring we are a viable part of the 190th.

As you ponder what it means to be an American and what freedom means to you, take a minute to think about what it means to be a Coyote... Being an American is love of country and appreciation for what it stands for. It is a strong sense of patriotism developed from family, community, schools, and popular culture. We need to protect patriotism and stand up for this freedom that is special and rare.

We, as Coyotes, stand together and do this with honor. Let's not forget that while we are all here to serve our country, we are here serving together as Coyotes.

Feel free to contact me or the other officers (Capt. Elisha Smith - Vice President or 1st Lt. Brett Starbuck - Secretary/Treasurer) of the CGOC with any suggestions you may have for the council in how we can help make being a Coyote the best experience possible for all.

Show Your Coyote Pride
Visit The: www.cswebstore.net/190coyote

Clothing Collectibles

COYOTE DEN

And More...

The advertisement features a blue background with several items of merchandise displayed in white-bordered boxes. On the left, there are two blue t-shirts, one with a yellow and black logo. In the center, there are two circular patches: one with a yellow and black design and another with a blue and yellow design. To the right of the patches is a white t-shirt with a cartoon coyote wearing a red bandana and a red scarf, with the text "COYOTE DEN" below it. Further right is a grey hoodie with a white logo. At the bottom right, there is a small rectangular patch with a cartoon coyote and the text "Coyotes".

For Your Information

Promotions

Airman First Class

Connor Remboldt, AMXS
Christopher Welch, CES
Justin Willard, LRS
Michael Woodall, SFS



Senior Airman

Joshua Davis, MXS
Lena Kirchhoff, LRS
Christopher Knoblauch, MOF
Andrea Lopez, MDG



Staff Sergeant

Ulric Baumgardner, SFS
Aaron Gardiner, CES
Camrey Gayer, CPTF
Ryan Johnson, 117 ARS
Elizabeth Pollard, LRS
Cory Sprecker, MXS
Collin Vaughn, ARS



Tech Sergeant

Jeremy Chada, CES
Mars Hinton, LRS
Matthew Montgomery, MXS
Graham Moulden, MXS



Master Sergeant

Jared Falk, CES
Ashley Tremblay, CPTF
Cale Yost, OSS



Chief Master Sergeant

James Peterson, MOF



Captain

Brandon Walpole, 117 ARS



CREDIT UNION \$1,000 SCHOLARSHIP

Applications available at the
Credit Union or online at ksagcu.com/scholarship1

Applications due August 31
Stop by and learn about our great
saving programs and very com-
petitive loan rates

Coyote Grill June 2014 Menu

Friday, June 6

Crispy Baked Chicken
Beef Ball Stroganoff
Egg Noodles, Steamed Rice
Cauliflower, Green Beans
Rolls

Saturday, June 7

Pork Spare Ribs
Fish with Lemon Garlic Butter
Wild Rice, New Red Potatoes
Carrots, Peas
Rolls

Sunday, June 8

Chicken Cordon Bleu
Chili Macaroni
Cheesy Scalloped Potatoes
Mashed Potatoes
Mixed Vegetables
MexiCorn
Rolls

Coyote Grill

Grilled Veggie Pizza

Desserts

Strawberry Shortcake
Chocolate Chip Cookies
Apple Pie
Ice Cream

Appointments/Enlistments

AB Cale Spencer, MXS
Enlistment Date: April 24, 2014

A1C Sierra Hodges, LRS
Enlistment Date: April 4, 2014

A1C Dakota Koenke, MXS
Enlistment Date: May 14, 2014

A1C Austin Oberzan, CES
Appointment Date: April 24, 2014

SRA Jessica Dains, OPS
Enlistment Date: April 17, 2014

SRA Matthew McGranahan, AMXS
Enlistment Date: April 23, 2014

SRA Amanda Tidwell, OSS
Enlistment Date: May 5, 2014

SSG Shawn Whetstone, MXS
Enlistment Date: May 3, 2014

CPT Zachary Shuster, 117 ARS
Appointment Date: May 6, 2014

LTC Thyra Bishop, 127 WF
Appointment Date: April 4, 2014

Wear it or Walk!

Please wear your seat belts at all times! It is not only an Air Force and DOD directive – it's Kansas law.



Don't Drink & Drive!

For a free ride home call
the 190th ARW Command Post
@ 1 (785)861-HOME (4663)

Traditional Commander's Support Staff - Tech Ser- geant Position

Wing HQ has a 3S071 traditional tech sergeant position available for immediate hire. Preference will be given to those with a 3S AFSC and with a rank of E-4 to E-6, but all interested members are encouraged to apply. Please email Lt. Col. Thomas Turner by COB 20 June 2014 if you are interested in the position.

TRADITIONAL CHAPLAIN ASSISTANT

The 190 ARW has a traditional Chaplain Assistant position open

Must have prior qualification in any AFSC at the 5-skill level or higher

Will be required to attend Chaplain Assistant School within one year of transfer. An interview is required.

Contact Tech Sgt. Celestina Johnson
785-861-4001 during drill weekend
or 785-375-7466 during the month.