

THE

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 Air Force Outstanding Unit
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COYOTE LOG

WE'RE BACK

In this issue:
The Coyote Log returns to print
A tragic result of driving drunk
Updates from the Inspector General

Leadership & humility

By Col. Ronald Krueger

Commander, 190th Air Refueling Wing



Coyotes, welcome to the “new” Coyote Log as we return to a mailed print version.

Our purpose is to align with the Air Force Inspection System (AFIS) and make greater efforts in the Major Graded Areas (MGAs) of Leading People and Improving the Unit. By bringing this newsletter back to print, in addition to the online publication, we hope more members will read it and share it with their family members, which in turn will strengthen our communication on leadership topics and other valuable unit information.

Even though AFIS and MGAs are relatively new terms to us, they simply help us define what we have always done in leading our unit and making it better. I would like to share a quote from a previous Coyote Log, “My measure of our achievement will be not just our mission effectiveness, but our cohesiveness and our culture. We will create a culture that welcomes new members, that appreciates our differences, and that cares for each of us and our families. I want to see an environment where everyone takes pride in our Wing and is inspired to contribute unselfishly to make it better.”

We have always placed emphasis on Leading and Improving the Unit. Everyone should be proud of the positive culture we have built, and it is no surprise that our mis-

sion effectiveness has remained high as well. This is an effort that will need continuous leadership from every Airman, and in that spirit, I’d like to focus on the MGA of leading people by discussing humility.

Humility is defined as “the quality of being modest or respectful” and is

very closely related to our Air Force value of service before self. Humility involves placing others ahead of our own interests and acknowledging that we serve a cause greater than ourselves. Arrogance and pretentiousness are the opposite. Note that humility implies deference, not meekness, timidity, or insecurity. True humility will be characterized by confidence and quiet courage. Self-deprecating behavior that is only designed to make oneself look better is false modesty and will show in a person’s actions. Real humility establishes the value of those around us, making them worthy of respect regardless of their differences, and setting the stage for great leadership.

Humility is also closely related to our Air Force value of integrity. Lapses of integrity sacrifice the good of others for one’s own personal benefit. Humility sets aside self interest in favor of honesty and the resulting trust, respect and ultimately effectiveness of the group.

Our credibility as leaders is only established when people know that we respect and care, and will always be honest with them. We obviously need realistic balance with time spent taking care of ourselves also. Great leaders will be open with their true intentions that reflect that balance. Great leadership will reflect openness and honesty in addition to the desire to serve others more than oneself.

I encourage you to pursue humility if you want to be a great and inspirational leader.

We probably all know leaders who were less than humble. That doesn’t make them bad leaders, but they fall short of their potential. I encourage you to pursue humility if you want to be a great and inspirational leader. Humility will help you be a genuine and courageous leader, and that will ultimately serve our Airmen and our Wing much better because it will be backed up by actions and not

just words.

I will end by quoting from the proverbs of King Solomon, “Humility comes before honor.” I want to be an honorable leader, so I will work to be humble. Thank you for all that you do and God bless you in the coming year!

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On the cover:

And we’re back! After a more than year-long hiatus, the Coyote Log returns to print.

(Photo illustration by Tech. Sgt. Jake Meyer)

190th Public Affairs/Coyote Log

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A woman's impassioned plea to not drink and drive

By 1st Lt. Angela Brees

190th Chief of Public Affairs

The 190th Air Refueling Wing Commander's Call welcomed a very special guest Dec. 2, a guest that left many wing members saddened but inspired by her story.

Marissa Roberts of Topeka spoke with wing members about the loss of her husband of 28 years to a drunk driver four years ago. Her husband, Tim, left behind four daughters, and at the time, three granddaughters with a grandson on the way.

The now convicted drunk driver killed Tim, who was an avid bicyclist, while riding his bike. The drunk driver's five-year-old child was also in the car. The driver then fled the scene of the accident, having three previous drinking under the influence convictions.

Marissa, having gone out to find her husband who was late returning from his bike ride, stumbled upon the crash scene.

"I could see the officer talking on her radio," she said. "I paced and began

to cry ... I was crying so hard I could barely talk."

She described the loss especially hard for Tim's parents.

"Tim's parents had already lost a son to cancer. No parent should have to bury one of their children, much less two," she said.

Marissa also described the painful events of the funeral.

"Saying our final goodbyes before the casket was closed was almost unbearable," she said. "One of my daughters held her dad's hand and knelt sobbing. A niece went to comfort her until she was able to release her dad's hand."

The funeral included "Taps" and the presentation of a U.S. flag as Tim was a Marine who served in the Vietnam War.

The drunk driver was sentenced to prison for five years. According to an April 2011 Topeka Capital-Journal article, the family did not want to seek a longer sentence.

"The (Roberts) family is satisfied with

the charges," said Ron Pope, a Topeka attorney representing the family in the article. "Obviously this is a horrific accident, devastating to this family."

The Roberts family wants a sentence that is fair but not one so long that it would take away a father as happened with them, Pope said in the article. The family was "extremely impressed" with the district attorney's office during negotiations, he said.

Marissa left wing members with a somber reminder of the tragic consequences of drinking and driving.

"So often, people believe these things happen to other people, but the reality is it can happen to you," she said.

"I hope this story causes you to never get behind the wheel of a car drunk. Please, please call a friend, family member, or even take a taxi if you have to. Better yet, make sure you have a designated driver with you if you will be drinking."

Save a life. Don't drink and drive. Call 861-HOME.



Mission exercise/inspection calendar

By Lt. Col. Steve Thomas

190th Inspector General

The 190 ARW Inspector General team would like to thank all unit members who participated in the following exercises.

Fire & Emergency Services: A tanker shuttle exercise tested the unit's ability to maintain 45 minutes of continuous water flow operations. A coordinated effort between off-base fire departments and the 190th Civil Engineering Squadron enabled this successful exercise. The process involved tanker trucks ferrying water to a bladder storage system that was supplying a fire engine. The engine was conducting fire suppression on a simulated high intensity fire.



CBRNE: Each squadron completed a functional Chemical Biological Radiological Nuclear Explosive exercise. The exercise included donning protective gear and mask inspections.

NORE: Once again, even after an 'Excellent' inspection rating last summer, the unit demonstrated the Nuclear Deterrence mission during the Global Thunder Exercise. Maintenance personnel and aircrew generated two aircraft to alert status and then conducted quick response engine starts.

AT/IA: A combined exercise inspected anti-terrorism measures and information assurance. The highlights included phishing email scams and suspicious packages.

CF Vertical: The Wing Inspection Team evaluated the Communications Flight across the four major graded areas. Can you name the MGAs?

Quarter	EXERCISE/INSPECTION	POC	FREQUENCY	DATE	UTA	FULL/TABLE
1st Quarter	F&ES Disaster Preparedness	EM	Annual	4-Oct-14	UTA	Full Scale
	NORE - Global Thunder	OPS	Annual	22 - 23 Oct 14	Weekday	2 JETS/CAT
	CBRNE	EM	Annual	1-Nov-14	UTA	Functional
	Information Assurance	CF	Annual	13-Nov-14	Weekday	Full Scale
	FPCON	SFS	Annual			
	Antiterrorism	SFS	Annual			
	Vertical (Sq MGA's)	CF	CC Directed	20-25 Nov 2015	Weekday	Squadron
2nd Quarter	CBRNE RODEO	EM	Annual	10 - 11 Jan 2015	UTA	Full Scale
	Horizontal Program	TBD	48 Months	12-15 Jan 2015	Weekday	Program
	Vertical (Sq MGA's)	OPS	CC Directed	20-22 Jan 2015	Weekday	Squadron
	CAPUEI	IG	48 - 60 Months	5 - 12 March 2015	Weekday/UTA	Full Scale
	Article 6 UCMI	JAG	48 - 60 Months	5 - 8 March 2015	Weekday/UTA	Full Scale
	Communication Security	CF	48 - 60 Months	10 - 11 March 2014	Weekday/UTA	Full Scale
3rd Quarter	Horizontal Program	UDM	48 Months	Apr-15	Weekday	Program
	Vertical (Sq MGA's)	TBD	CC Directed	Apr-15	Weekday	Squadron
	MOBEX	LRS	Annual	Apr-15	Weekday	Real World
4th Quarter	Horizontal Program	FIT	48 Months	Jul-15	TBD	Program
	Public Health Emergency	MDG	2 years	Jul-15	TBD	Full Scale
	Emergency Management	EM	Annual	16-Sep-15	Weekday	Full Scale
	COOP	EM	Annual			
Vertical (Sq MGA's)	TBD	CC Directed	21-24 Sep 2015	Weekday	Squadron	

MICT val/ver you ask?

By Master Sgt. Alike Peterson

190th MICT Manager

A Management Internal Control Toolset (MICT) validation and verification (val/ver) is the process of confirming information on a communicator (checklist). It gives the communicator assessor an opportunity to review information with a second set of eyes. The following individuals can request a val/ver: commanders, chiefs, supervisors, the 190th IG office, and of course the Assessor. The reason for conducting a val/ver is to ensure that accurate and relevant data is provided on the communicator.

Once a validation and verification is requested, the inspection can either take place virtually or in the assessor's office. Assessors may receive limited notice or no-notice prior to a val/ver. An exception to this process is when a flight is notified months in advance that a vertical inspection with a required val/vers is scheduled. The individuals conducting a val/ver include the following: outside agencies, wing inspection team members, subject matter experts, the inspector general office, and horizontal program managers. Horizontal programs are those programs that are common to several

flights throughout the wing (ie. records management, fitness, safety, government travel card, and unit training).

The individual conducting the val/ver will review a sampling of descriptions (questions) from MICT. The review will focus on responses (yes, no, and N/A), open observations, and supporting documentation. Following the val/ver, they will create an "After Action Report" and forwarded to the assessor to review all information and respond with a corrective action plan and/or concurrence. Once the assessor responds, the inspector, assessor, and commander sign the document.

UEI/CAPSTONE...What is it?

By Senior Master Sgt. Troy Abel
190th Inspector General Office

By now every unit member should be aware that we have a major inspection in March, which has been referred to as the Unit Effectiveness Inspection (UEI). I would like to take time to clarify what this important event in March is actually called, and what it should mean to you.

According to Air Force Instruction 90-201 paragraph 4.1, the UEI is a “continual evaluation of performance throughout the inspection period—a “photo album” versus a “snapshot.” Simply stated, the UEI is a continual five-year period of observation in which the Air Mobility Command (AMC) Inspector General (IG) office evaluates how we are inspecting ourselves. This is done through various means that are prescribed in the Commander’s Inspection Program and outlined in AFI 90-201. The end of a UEI period is marked by an on-site “Capstone visit.”

The Capstone visit is what will take place here at the 190th in March.

The Capstone visit is intended to last approximately one week, during which time the AMC IG will validate and verify the Wing Commander’s Inspection Program (CCIP). This is done by conducting Airmen-To-IG Sessions (ATIS) with individual airmen or small groups. The on-site inspectors will also assess unit effectiveness through task evaluations, audits, and observations of individual units as deemed necessary. The AMC IG inspectors start conducting virtual inspections of a Wing six months prior to the Capstone visit. AMC IG personnel use this process along with a pre-UEI survey to determine what units to observe, and to formulate the content of the Airmen-to-IG Sessions. The UEI survey and virtual inspections have already begun for our Capstone visit.

To sum up, the Capstone visit completes the assessment of how the wing

is inspecting itself across the four Major Graded Areas of the Commander’s Inspection Program.

Paragraph 4.5.2 of AFI 90-201 conveys that the UEI is not primarily focused on detecting non-compliance; rather, the UEI should validate and verify each squadron’s compliance detection program, and identify areas that have a significant risk of undetected non-compliance. This differs from the inspection concepts of the past. The intent is to shift the emphasis from passing an inspection to accurately measuring a unit’s readiness and ability to execute the mission on a continual basis.

In my next couple of articles, I will provide more information and insight into this new inspection process. My goal is for all unit members to feel at ease in this new system, and make it an integral part of our daily routine. If we can make this happen, our Capstone visits will go “virtually” unnoticed.

2015 Dining Out
SATURDAY APRIL 11, 2015
CAPITOL PLAZA
1717 SW TOPEKA BLVD.

TICKET SALES
MAJ JOE BLUBAUGH WING
CMSGT DENISE MONTGOMERY MG
SMSGT RON GRAY AMXS
SMSGT MIKE CHANDLER AMXS
MSGT ALIKE PETERSON FSS
MSGT PAM LEWIS FSS
TSGT MICHELLE HUTCHISON CES
SSGT ELIZABETH POLLARD LRS
SSGT STEPHANIE STRATTON MXS
SSGT MARY GREEN MG
AIC PAULA CONLEY OPS

TICKET PRICES
E1-E4 \$20
E5-E7 \$25
O1-03 \$25
E8,9 \$30
O4+ \$30

Heroes among us

By Tech. Sgt. Mandy Johnson
190th Public Affairs

Throughout 2014, the 190th Air Refueling Wing has had several members go above and beyond in assisting the needs of others under extraordinary circumstances. Airman 1st Class Taylor Wheeler with the 190th Maintenance Squadron is another name to add to the list.

Wheeler witnessed a car accident last November where a full-size truck slammed into a compact car. Wheeler immediately called emergency personnel and provided emergency care and treatment to the injured driver. The passenger of the car sustained head, facial and neck injuries. Wheeler also located the driver's phone so she could call her mom.

In the face of a highly stressful situation, she remained calm and assessed the situation properly to respond.

"When I am in a stressful situation that doesn't involve me directly, I put myself out of it completely," she said. "This is not about me - this is about them, and to make sure it is always about them."

Two Department of Correction investigators saw first-hand Wheeler's efforts that day, and submitted her for recognition. The report reads, "There is no doubt . . . that the prompt and professional actions of Officer Wheeler were heroic, well above the call of duty, and instrumental in saving and protecting the life of the injured Kansas motorist."

After the accident, she has made a conscious effort to be a more attentive driver.

"That girl should have never had to go through that," Wheeler said. "No one should have to feel that way."

Wheeler remains humble, and believes everyone should look out for others.

"There are thousands of people who do amazing things everyday, all day, and they don't get recognized for it," she said.

The Kansas Department of Correction recognized Wheeler for her efforts during a ceremony Dec. 3, 2014. The Secretary of Corrections for the State of Kansas awarded her a Certificate of Valor.

When presenting the award, the Secretary said, "You know you are the youngest person to every receive this award."

"There are thousands of people who do amazing things everyday, all day, and they don't get recognized for it."

Taylor Wheeler

—Portrait of an Airman

Airman 1st Class Kelsey Warren



Organization: Maintenance Operations Flight

Job Title: Plans, scheduling and documentation

Main Responsibilities: Maintain historical documentation and maintenance documentation for developing the wing's maintenance plans and flying schedule

Education: Shawnee Heights High School, Highland Community College, Washburn University

Civilian Career: Student at Washburn University

Military Experience: Currently in 5-level upgrade training

Hobbies/Activities: Marathon running, fishing, spending time with family and friends

Achievements: Completed two half marathons and preparing to run a full marathon in March

Goals/Ambitions: Earn my degree from Washburn University in Criminal Psychology, travel and experience different cultures around the world

Most Memorable 190th Moment: The day I enlisted in the Kansas Air National Guard and became a Coyote

For Your Information

Promotions

Senior Airman

Dallas Connor, AMXS
 Nicholas Johnson, LRS
 Cole Melby, OSS
 Gregory Rowley, MXS



Staff Sergeant

Timothy Seelbach, CES



Master Sergeant

Ryan Current, CES
 Vincent Finney, LRS



1st Lieutenant

Seth Davis, LRS



Lieutenant Colonel

Phillip Stadler, MDG



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 Covered & Private**

Coyote Grill January 27A Menu



Saturday, January 10

Meatloaf
 Italian Chicken
 Macaroni and Cheese
 Baked Potatoes
 Carrots, Green Beans
 Rolls
 Chicken with Rice Soup

Desserts

Oatmeal Raisin Cookies
 Carrot Cake
 Brownies

Sunday, January 11

Chicken Parmesan
 Meatballs
 Spaghetti Noodles
 Wild Rice
 Corn on the Cob
 Peas
 Rolls
 Chicken with Rice Soup

Desserts

Oatmeal Raisin Cookies
 Carrot Cake
 Brownies
 Yellow Cake with Chocolate Frosting

DFAC Schedule

MXG(A)/SFS/LRS (A)	1030
CPTF/MDG/ARW/MSG	1100
OG/JFHQ/WF/LRS (B)	1130
MXG (B)/CE/CF	1200

Serving hours 1030 – 1230
 NO GROUP PICK-UP

Appointments/Enlistments

A1C Jamie Metheny, CES
 Enlistment Date: Nov. 19, 2014

A1C Geoffrey Rotich, CF
 Enlistment Date: Nov. 19, 2014

SRA Page Calvin, CES
 Enlistment Date: Dec. 2, 2014

Know Your Limits



Have A Plan

Don't Drink & Drive!

For a free ride home call
 the 190th ARW Command Post
 @ 1 (785)861-HOME (4663)



In 2011, at least
 23% of auto collisions
 involved cell phones



...that's 1.3 million crashes

**Moving? Don't forget to update your address:
Visit vMPF to update your address. Please allow 2-3
months for updates to reflect on your log.**

To Coyote:



Coyote Heritage

A beautiful photo of four B-57s shown on a late day approach to their new home, Forbes Field, August, 1967.

This photo shows the unusual structure of the wings, similar to the World War II British Mosquito. The Mosquito had the distinction of having an almost entirely wooden construction; it was also the fastest prop driven fighter of the war. The British Canberra was the follow-on version.

The U.S. Air Force, caught short by the Korean War, needed a small bomber quickly and the Canberra was thought to be the best option. Martin aircraft acquired the license to build an American version and the B-57 became the newest addition to the American arsenal.

Fairly short lived as a bomber, it became a staple of the Air National Guard for a decade during the Cold War.

During the Vietnam War it was pressed back into use as bomber and became the first jet to fly in Vietnam. The 190th, having flown the jet since it had left the active duty, became a training squadron of sorts, under the classified program "Patricia Lynn," training active duty crews before they left for Vietnam.

