



# COYOTE LOG

## 190th supports MIA recovery mission in Vietnam

by Capt. Joe Blubaugh, 190th Public Affairs

There has been little chance for closure for the families of more than 1300 Vietnam veterans who are listed as Missing in Action (MIA). We are often reminded of their plights during somber ceremonies at formal military events or by our local VFW or American Legion chapters that keep their memories alive.

Although some of the MIAs have been missing for more than 40 years, their service brethren haven't given up hope of someday returning them to American soil, and to hopefully provide the closure so many families are still seeking.

Three or four times a year, the Joint POW/MIA Accountability Command (JPAC) sends a team of Soldiers, Sailors, Airmen and Marines to Vietnam to search for the remains of the missing servicemembers. JPAC's mission is to achieve the fullest possible accounting of all Americans missing as a result of the nation's past conflicts.

In February, the 190th Air Refueling Wing was tasked with transporting a 25-member advance team, and their cargo, to the Southeast Asian country. One of the unique aspects of the mission was paying for landing fees in a Communist country.

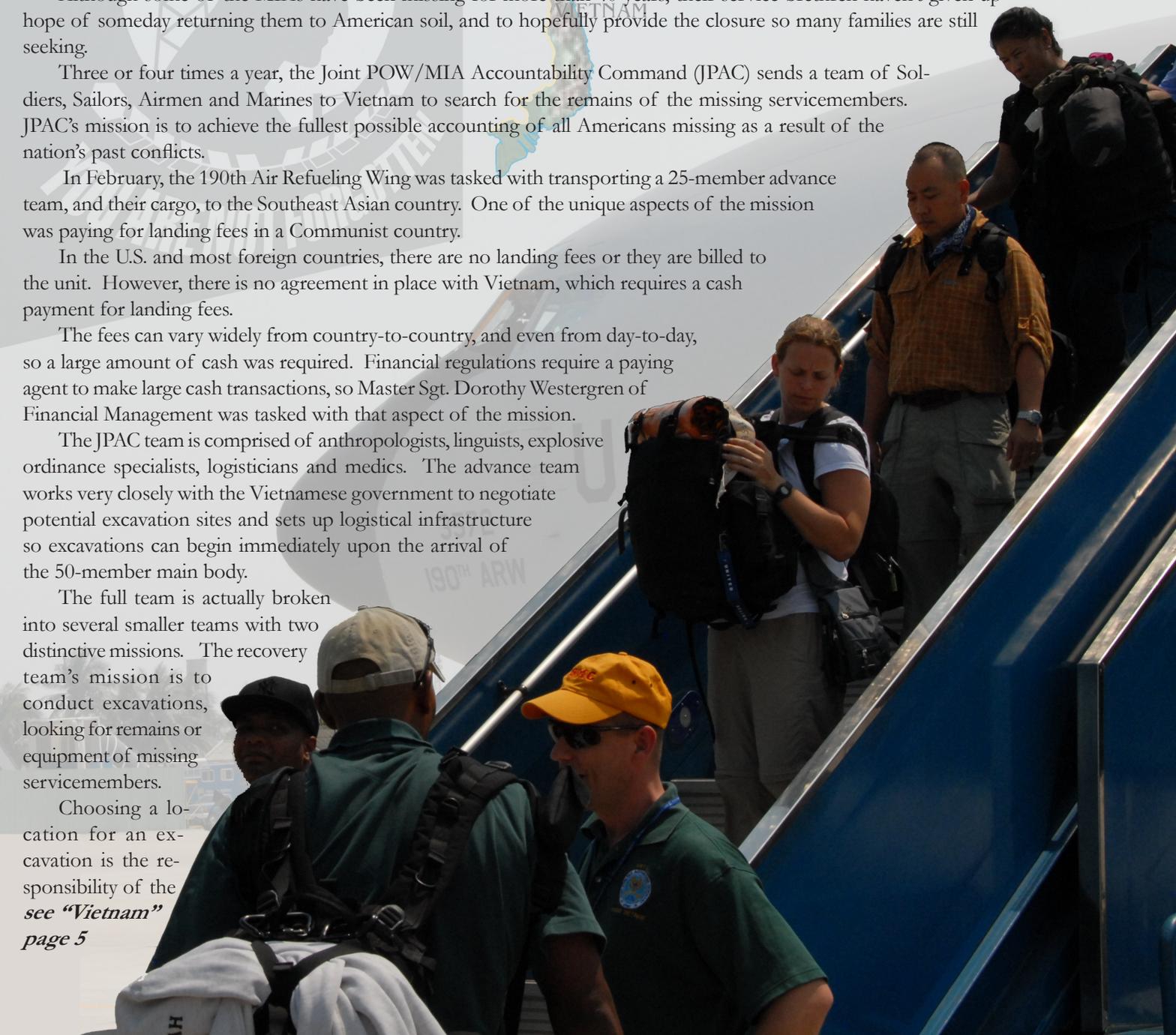
In the U.S. and most foreign countries, there are no landing fees or they are billed to the unit. However, there is no agreement in place with Vietnam, which requires a cash payment for landing fees.

The fees can vary widely from country-to-country, and even from day-to-day, so a large amount of cash was required. Financial regulations require a paying agent to make large cash transactions, so Master Sgt. Dorothy Westergren of Financial Management was tasked with that aspect of the mission.

The JPAC team is comprised of anthropologists, linguists, explosive ordinance specialists, logisticians and medics. The advance team works very closely with the Vietnamese government to negotiate potential excavation sites and sets up logistical infrastructure so excavations can begin immediately upon the arrival of the 50-member main body.

The full team is actually broken into several smaller teams with two distinctive missions. The recovery team's mission is to conduct excavations, looking for remains or equipment of missing servicemembers.

Choosing a location for an excavation is the responsibility of the see *"Vietnam"* page 5



# Home computer security

**By Maj. Bret Ulrich**

*190th Communications Flight*

When it comes to information security, your biggest vulnerability is not necessarily your computers, it's your users. Every day, employees make glaring errors such as posting their passwords where others can see them, weak passwords, downloading and opening e-mail attachments that contain viruses and malware, and going to harmful internet sites. 50 percent of all internet sites contain some type of malware. Human errors, not system weaknesses, are the leading cause of serious security violations. This is my attempt as the Communications Flight Commander to educate you to be a better and more aware end user.

A personal computer connected to the Internet without a firewall can be hijacked in just a few minutes by automated hacker "Bots". The only way to make your computer 100% secure is to turn it off or disconnect it from the Internet. The real issue is how to make your computer 99% secure when it is connected. Not having protection is like leaving your car running with the doors unlocked and the keys in it which a thief might interpret as "please steal me." Stated another way, when was the last time you handed a stranger your wallet and encouraged them to take your social security card, drivers license, cash and credit cards? Locking the doors, using a "club" or installing a security system makes stealing a car more difficult. Internet security and privacy products provide adequate protection by making it difficult for "outlaws" to find and take control of your computer.

A layered approach is best to protect your security and privacy:

> Use personal firewall, anti-spyware, anti-virus, anti-Trojan, anti-spam, anti-phishing, and privacy software on your desktop computer.

> Update and tighten Windows before installing new security software.

> To avoid conflicts, do not use two software firewalls or two anti-virus products at the same time. Completely uninstall

one before installing another.

> After installing any security software, immediately check for updates at the vendor's website.

There are also several steps to take to ensure safety and security while surfing:

## **1. Ensure your operating system is up to date and safely configured**

> Windows 2000, XP or ME can be set to download security updates automatically and prompt you for permission to install them.

> Make sure the security settings on your Web browser are at medium or high. If you are using Internet Explorer this can be done by going to Tools>Internet Options>Privacy.

> Consider using a more secure browser such as Firefox or Opera.

## **2. Check your system for viruses**

A virus is so called because it reproduces itself by using the facilities of the host PC to copy itself to removable media and attach itself to emails without your knowledge. There are variants, which may be technically characterised as worms or Trojans, but you don't want any of these. Most commonly you get one by opening an email attachment or copying a program containing the virus onto an unprotected PC. They take over the compromised PC and either trash your data or use your PC like a zombie to send hundreds or thousands of emails containing copies of itself and/or spam, maybe with copies of your confidential data, to everybody in your address book.

There are many virus checking services offered free by the various anti-virus vendors. You will need to install an antivirus package for continuous protection. It is very important that it is updated regularly, ideally every day.

## **3. Install a firewall**

A personal firewall blocks unauthorised network connections from either entering or leaving the computer. This helps protect you either from malware entering your PC, or using it to attack others. You can download a personal firewall from [www.zonelabs.com](http://www.zonelabs.com).

## **4. Block spyware and identity theft**

Spyware is any technology that aids in gathering information about a person or organization without their knowledge. On the Internet, it gathers information such as email addresses, passwords, phone numbers, and credit card numbers, and relays it to advertisers or other interested parties. It is not to be confused with "cookies" which are small files that contain a record of the last time you visited a web site; many e-commerce sites require their use to recognize returning visitors.

Malwarebytes is a free product that will search for spyware and report items found.

For more information please see the expanded article on the 190th Website at [www.190arw.af.mil](http://www.190arw.af.mil).

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### **On the cover:**

Members of JPAC exit a 190th KC-135 in Vietnam on a 45-day mission to recover MIAs from the Vietnam War.

*(photo by Capt. Joe Blubaugh)*

*(photo illustration by Master Sgt. Allen Pickert)*

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# April is Sexual Assault Awareness Month

The Air Force 2010 campaign will focus on the effects sexual assault has on the military's mission readiness. As is readily understood throughout the military, mission readiness defines a unit's ability to deploy quickly and efficiently. A sexual assault can reverberate throughout a unit and beyond, degrading readiness by harming the life of the victim and the military's ability to work effectively as a team.

Experts and practitioners often describe the negative consequences of sexual assault as having a ripple effect, starting with the victim and expanding outward to include families, friends, work colleagues, neighbors, and increasingly larger parts of the population.

The same can be said for the effects in the military. This was confirmed with the focus groups conducted this year with commanders of all grades, sexual assault response coordinators and victim's advocates. The crime of

sexual assault diminishes the Armed Forces' ability to function proficiently at the levels of Service member, unit, and command. Its impact is both immediate and long-lasting for individuals in the military and for the institution as a whole.

Sexual assault particularly diminishes a unit's mission readiness in three ways.

1. The alleged perpetrators are often placed on administrative hold and therefore cannot deploy with their units.
2. Victims may not be able to fulfill their duties or may otherwise have their ability to perform the mission compromised as a result of the traumatic events.
3. The attention of the unit leadership shifts from the normal duties involved in maintaining readiness to addressing a victim's needs, investigating the alleged perpetration, and restoring the unit's cohesion and trust.

Divisiveness may exist not only within a unit but also between units if an alleged perpetrator is in one unit and the victim is in another.

## Dental tidbits by Dr. Robert Hof

When should a child begin to brush and floss?

As soon as the first baby teeth come in, the parent should introduce the child to the daily habit of brushing. Young children do not have the manual dexterity to handle the toothbrush very well, and for the first several years the parents will actually have to brush their children's teeth for them. Parents can set a good example for kids by brushing and flossing daily too.

Even though the child may be able to take over brushing their teeth by the age of 6 or 7, flossing requires even more dexterity. The dentist or dental hygienist will demonstrate good flossing techniques but parents should help out until children reach age 10.



# —Construction projects ready for spring weather

**By Capt. Joe Blubaugh**

*190th Public Affairs*

The cold, wet winter is finally over. Spring is here, and so is the construction season, especially at Forbes Field.

There are six major construction, renovation and expansion projects underway, and a handful of smaller upgrades and remodels recently completed. Most of the projects started last year. Unfortunately, winter weather delayed or shut down most outside work.

One major project that is completed is the renovation and addition to the Civil Engineer (CE) building. Started in the spring of 2009, the \$2.8 million project added new shop areas for each of the various trades within the squadron as well as additional office and training space. The project has a contract completion date in June; however, the contractor is planning to be finished before the end of April.

Energy efficiencies were a central focus on all of the Forbes construction projects, and the CE Building was no exception. Some of the CE Building efficiencies are low tech, such as adding skylights to cut down on electrical usage and installing energy efficient pumps and motors. The building will also use a ground source heat pump and infrared heating, which are much more efficient than the forced air heating currently used in most buildings on base.

The 190th fire station renovation project, funded through the Economic Recovery stimulus package, started last fall. So far, contractors have torn down the existing offices and the south bays of the station, leaving only the eight north bays. The original schedule called for the pouring of the foundation this winter. However, Mother Nature did not cooperate and that work will be undertaken this spring.

Contractors are renovating three of the original bays. They will add a second story which will consist of sleeping quarters and control room built over a renovated kitchen and office space. The building will include living areas to accommodate

round-the-clock operations and a fire control center that overlooks the ramp. The project, estimated for a November 2010 completion, will add approximately 5,000 square feet to the 1970s era building.

The mobility barn expansion project is another project adversely affected by the winter weather. Tentatively scheduled for a June 2010 completion date, the project calls for a 2500 square foot wing added to the existing structure. In addition to a renovated office and a much-needed bathroom, the project will also add a state of the art carousel storage system with automated retrievers. Skylights will also help curb electricity usage.

Two of the more extreme renovations are taking place in the Squadron Operations Building and the Dining Facility, where a remodeling project has been underway since last fall. The renovation and kitchen upgrades will include seating and serving that is more efficient. It will also provide expanded office space and training areas as well as geothermal heating and cooling and energy efficient appliances. The remodel, scheduled for completion in September 2010, also features an outdoor seating area.

The Squadron Operations building

was split into two stages. Stage one, which began in March, involves the removal of the “mole holes.” Contractors will also begin excavating dirt around the building to expose what is currently the basement of the building, essentially turning it into the new first floor of the building. Phase one is scheduled to be completed in October 2010. Minuteman Drive closed permanently to through traffic as part of this project. The start date for phase two has not been scheduled.

Another project impacted by weather is the Aerospace Shop and Storage Building construction at the north end of the ramp. The building will provide storage for aerospace ground equipment (AGE). Energy efficiencies include skylights, geothermal radiant floor heating and cooling. The project, funded through the Base Realignment and Closure (BRAC) process, has a new estimated completion date of July 2010. However, the wet weather has kept crews from pouring the foundation and framing the building.

These projects, combined with repairs and remodeling in Buildings 2000 and 662, will bring a total of more than \$14 million of improvements to Forbes Field.

## PACK 2010

Come and help celebrate our 30th anniversary at the 2010 Annual PACK meeting, which will be held April 16 at the Kansas Historical Museum located at 6425 SW 6th Street. The banquet and entertainment will be April 17 in Salon B at the Topeka Holiday Inn.

This organization is, as its name implies (Past & Active Coyotes of Kansas), a group of men and women associated with the 190th. We invite anyone who is connected with the 190th to come and join in the fun.

Membership cost for PACK is \$3.00 per year. The membership dues are included in the cost for those who attend the weekend activities.

The weekend's activities include a Friday night mixer and a Saturday night

banquet, which includes a lot of door and raffle prizes. Last year, the total door and raffle prizes totaled more than \$1,000.

For information about PACK or to be placed on the mailing list, please contact Senior Master Sgt. Wendy Davis at 785-861-4212, or Sharon Schroeder at 785-862-0289.



	Single	Couple
<i>Entire weekend</i>	\$35.00	\$60.00
<i>Friday night only</i>	\$20.00	\$25.00
<i>Saturday night only</i>	\$30.00	\$50.00

# Tricare for grey area reservists on its way

A new program will offer “gray area” reservists the opportunity to purchase Tricare health care coverage.

Currently, retired National Guard and Reserve personnel do not have Tricare health coverage options until age 60. Under a provision of the National Defense Authorization Act for 2010, that’s all changed.

The new provision will allow certain members of the retired reserve not yet age 60 (“gray-area” retirees), to purchase Tricare Standard (and Extra) coverage.

Tricare Extra simply means beneficiaries have lower out-of-pocket costs if they use a network provider.

“We’re working hard to coordinate all the details of eligibility, coverage and costs, and expedite implementation of this important program,” said Rear Adm. Christine Hunter, deputy director of the Tricare Management Activity. “It will require detailed design, development and testing, but qualified retired reservists should be able to purchase coverage by late summer

or early fall of 2010.”

While the health care benefit provided for gray-area retirees will be Tricare Standard and Extra - similar to Tricare Reserve Select (TRS) - the new program will differ from TRS in its qualifications, premiums, copayment rates and catastrophic cap requirements. The program is tentatively called Tricare Retired Reserve.

For more information about Tricare benefits, go to [www.tricare.mil](http://www.tricare.mil).

## 190th supports MIA recovery - Cont. from page 1

research and investigation teams. While the excavations are ongoing, investigation teams are working with Vietnamese officials, interviewing witnesses and visiting potential sites for future missions.

Kelly Ray is a retired Air Force linguist and the team leader for one of the two investigation teams on this mission. This was Ray’s 45th trip to Vietnam as a JPAC member including his military and civilian trips.

Ray’s team had 32 scheduled interviews with retired Vietnamese Army veterans who were witnesses when a U.S. servicemember was killed or went missing. That number could grow as further leads develop while they are in Vietnam.

During the interviews, the investigation team will have the witness take them to the burial site if possible. The investigation team will survey the site, and based on their findings, recommend the site for future excavation.

Ray says the information they gather is taken back to Hickam AFB, Hawaii, where a board reviews the recommendations and decides whether an excavation is warranted.

Army Capt. Greg Smith, the leader of one of the recovery teams, says a very small sample of human remains can lead to the identity of an MIA. “We only need a bone fragment the size of a tooth. “ If remains are found, they are transported to Hickam for further forensic investigation and DNA extraction.

Thanks to new genetic advances,

DNA extracted from remains can now be compared to blood relatives of MIAs for identification. Smith says a DNA sample doesn’t have to be from an immediate family member - a nephew, niece or grandchild’s DNA will be able to provide enough evidence to make a positive identification.

Smith says it is critical that blood relatives of MIAs provide a DNA sample for comparison. “Unfortunately, we have remains that we can’t identify because we don’t have a DNA sample from their relatives.” More information about providing DNA samples can be found on the JPAC Website at [www.jpac.pacom.mil](http://www.jpac.pacom.mil).

Each of the missions last approximately 45 days, but that is a small sacrifice for Smith. “This is America keeping its promise to bring home its fallen.”

The importance of the JPAC mission was not lost on the members of the 190th. “I think people forget that we still have service members over there and their families still miss them,” said Westergren. “While I might not be on the team they send over to locate the remains, or the team that recovers the remains, or identifies them, I was a part of the team that made that possible.”

Ray says it is the best feeling in the world when they make a positive identification and reunite the servicemember with their family. “This is the most rewarding job I have ever had – I couldn’t think of doing anything else.”

## From the Shirt

Stresses from inspections, training requirements, deadlines, and other issues in our personal and professional lives can certainly add up and seem overwhelming at times. If you feel overwhelmed or notice that your wingman seems to be overwhelmed there are many resources out there to help you cope.

Your first sergeant is a great place to start. Although we are not trained as counselors, we will always make time to listen and help get you in touch with the best resource for whatever you are dealing with. Chaplains are also a great resource. Most chaplains are trained in counseling, and can also assure you a higher degree of confidentiality when you speak with them. Free sessions with a professional counselor are also available to all military members through [militaryonesource.com](http://militaryonesource.com).

An even better way to combat stress is with a preemptive strike! Maintaining good personal health goes a long way to averting stress. Proper diet, sleep, and exercise give the body and mind the proper tools it needs to help deal with stress.

Your first sergeants recognize how complex life is for a guardsman these days, and just how hard you all work to accomplish our mission. If that complexity becomes too heavy of a burden please seek our help. That is why we are here!



# —Portrait of an Airman

## Staff Sergeant Joshua Hill



**Organization:** 190th Aircraft Maintenance Squadron

**Job Title:** Crew Chief / Aircraft Maintainer

**Main Responsibilities:** To ensure the safe operation of aircraft by conducting required inspections and maintenance.

**Civilian Career:** Corporate pilot for Wichita Air Services Inc. Flying Hawker 400XP and Hawker 4000.

**Education:** Kansas State University

**Military Experience:** 3 years at 184th Inspection Section and 4 years with the 190th AMXS.

**Hobbies & Activities:** Rebuilding and riding motorcycles, remodeling houses.

**Goals & Ambitions:** Continue to advance in civilian employment and become an officer.

**Most Memorable 190th Moment:** Deployed on an AEF to an undisclosed location in Southwest Asia.

## —Service before self should be goal of all Airmen

**By Chief Master Sgt. Kevin Bullington**  
*190th Maintenance Squadron*



I want to take this opportunity to thank those who serve, and to provoke some thought into why we serve.

Please take a moment to reflect and ask, “Am I serving my country to my fullest abilities?” Do you believe that joining the military means that you are serving? What do the words “service before self” mean to you? Do you uphold this core value? What are you doing to improve your service?

It is my belief that it is an exception more than rule that we come into the military serving to our fullest extent. If you are a first term Airman, please do not take this in a negative light. I have participated in many functions at home station and deployed where first term Airman are serving proudly.

If the military is forming into a potential career to you, then odds are you will reach a turning point where the amount you get from our unit is not as important

to you as what you can give back. Non-Commissioned Officers should be imparting the core value of service before self to our first term Airman and helping them reach that turning point.

Service before self is the responsibility of all Airmen, and NCOs should instill, build and nurture it. As NCOs, we should not complain about how a newly assigned Airman is only here at our unit and in the National Guard for the benefits. I have heard this sentiment more than once.

I challenge our NCOs to ensure they are providing opportunities for our troops to serve, and earn the benefits bestowed on them for serving. A good NCO leads and provides opportunities for troops to grow personally and professionally. Get to know your Airmen, find out their needs and goals, and then when possible, guide them into situations that will allow them to grow and serve.

If as NCOs we are not providing opportunities, then we are doing our unit and our country a disservice by not operating at our fullest capacity. The opportunities are as wide and varied as the people

we have in the unit. A good place to start is having a clear objective before each drill and during annual training to accomplish specific training goals. Know the opportunities at our unit, communities and state level that fit your troops needs to grow and develop. It takes hard work and planning; none of this happens without foresight.

Yes these young Airmen belong to the military; yes they raised their right hand to follow the orders of the officers appointed over them, but to serve is a transition many of us make in our military careers with the help of others.

To paraphrase one of my favorite quotes, serving is a blank check made payable to the United States of America for the amount of, up to, and including your life.

There is not one correct answer to how we serve, but more of a common theme and purpose to ensure we are serving. Be proud that you are part of the best unit in the total Air Force and enjoy the opportunity to serve and help others to serve to their fullest capacity.

# For Your Information

## Enlisted Promotions

### SrA

Tyler Strickland, MXS  
John Haid, SFS  
Christine Kalivoda, LRS  
Nels Anderson, MDG



### SSgt

Ryan Sipes, LRS



### TSgt

Michael Martin, CES



### MSgt

Preciliano DeLeon, MDG



### SMSgt

Von Burns, FSS  
Gary Holliday, ARW



### CMSgt

Scott Humphrey, CES



## 190 ARW Officer Vacancy

The 190th Security Forces Squadron has a traditional Security Forces Officer vacancy. If you are interested, submit your package to the Force Support Squadron by close of business on May 2, 2010. The position is open to Captain and below, including enlisted members willing to become commissioned.

### Officer Package consists of:

- Resume
- College transcripts (4-year degree)
- 3 letters of character reference
  - AFOQT scores
  - Record review rip
- DD 214 or NGB 22 (if prior service)

## Coyote Cafe April 21<sup>st</sup> A Menu

### 10 April Boxed Lunches

### 11 April Boxed Lunches

Squadrons picking up multiple boxed lunches will be served from 1030 - 1100. Individuals will be served from 1100 - 1200.

## Appointments/Enlistments

TSgt Will G Baldwin, MXS

Appointment Date: 10 Dec 09

SSgt Jennifer L Schneider, 117 ARS

Appointment Date: 2 Dec 09

SSgt Nicholas O Wright, CES

Appointment Date: 25 Jan 10

SSgt Jason R Dolan, FSS

Enlistment Date: 6 Feb 10

A1C Austin D Lee, ARW

Enlistment Date: 4 Feb 10

A1C Robert C Couch II, MXS

Enlistment Date: 14 Dec 09

A1C Christopher L Mason, MXS

Enlistment Date: 26 Jan 10

A1C Bradley T Kilmartin, AMXS

Enlistment Date: 1 Feb 10

A1C Zachary M McGhee, AMXS

Enlistment Date: 12 Feb 10

A1C Derek L Wallisch, AMXS

Enlistment Date: 6 Feb 10

A1C Neal R McKinzie, MXS

Enlistment Date: 16 Feb 10

A1C Jaime L Stout, ARW

Enlistment Date: 29 Jan 10

A1C James D Stuart, CES

Enlistment Date: 10 Feb 10

A1C Spencer A Walker, CES

Enlistment Date: 17 Feb 10

AB Haley M Domingos, MDG

Enlistment Date: 17 Feb 10

AB Paul C Lewis, AMXS

Enlistment Date: 29 Jan 10

AB Richard T Iverson, ARW

Enlistment Date: 4 Feb 10

## Friends & Family Day at Gage Park ~ 1 May 2010 1500 - 1900

### Family Day Activities:

- ~ Snow Cones & Cotton Candy ~
- ~ Hot Dogs, Chips and Drinks ~
- ~ Kids Face Painting ~
- ~ Wylie Coyote ~
- ~ Silent Auction ~
- ~ Star Wars Characters ~
- ~ Live Music ~
- ~ Informational Booths ~
- ~ Tour the World Famous Topeka Zoo ~
- ~ Take a ride on the Gage Park mini-train ~
- ~ Enjoy the Gage Park Carousel ~



### \*\* Civilian Attire \*\*

\$5.00 per person cost for admission to the zoo

Zoo admission will be sold during April & May UTAs and during the month

\* Friends of The Topeka Zoo Members are admitted to the zoo free of charge \*



## Outstanding Performers

Airmen First Class Morgan Frehe, Erech Doviak, Zachary Kinsey, Emily Hof and Margaret Pilcher were named Honor Graduates at Basic Military Training. Frehe was also named the top female physical training Airman at Basic Military Training from January - March 2010.

Staff Sgt. Matthew D Rose was awarded Top Graduate at tech school. He received a 99% for the entire course.

# Coyote Heritage



Last month we showed you a RB-57 that the unit flew from 1958 until 1972. The only way to start the engines on an RB-57 jet was with a black powder cartridge. Once ignited, these cartridges would start the jet engine spinning until it reached a rate of revolution that would sustain itself.

The byproduct of this was the smoke produced by the black powder in the cartridges. As you can see from this picture, it could be dramatic. It certainly caught the attention of everyone within eyesight. Over the years, more than one fire truck made the mistake of

rolling out of their bays at the first sight of smoke, especially on bases where RB-57s were rare. To hear the distinctive howl of a B-57 engine starting, visit [www.b-57canberra.org](http://www.b-57canberra.org) and click on the "B-57 Sounds" link.



Please record your story and send it to the historian's office at: 190<sup>th</sup> Historian, 5920 SE Coyote Dr., Topeka, KS 66619-5370.



The Coyote Log  
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**Moving? Don't forget to update your address:  
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Retirees & Civilians: email [190ARW.PA.CoyoteLog@ang.af.mil](mailto:190ARW.PA.CoyoteLog@ang.af.mil). Please allow 2-3 months for updates to reflect on your log.**

**To The Coyote Family of:**

